

# *All Saints' Herald*

*September*  
*2023*

Newsletter of  
All Saints Anglican Parish  
Aiken, South Carolina

A Parish of the  
Anglican Catholic Church  
Diocese of the South

From My Notebook....

Retrospection

# The Unfinished War

Updated from Two Years Ago



The upcoming commemoration of 9/11, the chaotic withdrawal from Afghanistan, and political escapades that continue to capture the headlines, among many other things, come together to mark a tragic time in the history of our nation — a nation founded, based upon moral principle and the putting of service above self.

Often, I have asked myself, as a member of the clergy, *is it being political to criticize a government or an administration for moral failures on a global scale? Where do we draw the line?*

I thought, well, isn't that the role of clergy; that is, are we not supposed to address morality, moral standards, and the expectation that Christians be above reproach in their service to God and country, to their communities, to each other?

As Christians, our expectations for those in leadership tend to be pretty high, or at least should be, if we rely on Jesus Christ as our example.

As a member of the military, both Air Force and Army, I felt a sense of pride

in the leadership, especially as so many did demonstrate integrity and dedication. However, over the course of 24 years, those feelings began to erode as the emphasis among leaders gradually moved from taking care of the troops to taking care of themselves.

This trend reflected the changes that were becoming more and more prevalent in society — an inward direction versus an outward direction. The idea of what's in it for me.

I remember so well my Uncle Pat, who was a Warrant Officer in the Army, serving in the 1930s, World War II, and the Korean War. One would never dare to doubt his integrity and dedication in service to our country.

I also remember my cousin, Don, a 1st Lieutenant, who, despite being severely injured by an enemy grenade in the Korean War, refused to give up and continued to lead his platoon during a firefight.

My father, an Army master sergeant in the War in the Pacific received a battle field commission as the last ranking surviving member of his unit fighting in New Guinea.

## Services & Meetings

**Wednesday the 6th....**

*Feria:* Holy Communion at 5:30 p.m.

**Tuesday the 12th....**

*Vestry* meets at 5:15 p.m.

**Wednesday the 13th....**

*Feria:* Holy Communion at 5:30 p.m., Parish Night Out follows at 6:30 p.m.

**Thursday the 14th....**

**Exaltation of the Holy Cross:** Holy Communion at 5:30 p.m.

**Tuesday the 19th....**

*ACW Lunch* at 11:30 a.m.

*Men of All Saints'* meet at 6:00 p.m.

**Wednesday the 20th....**

*Ember Wednesday:* Holy Communion at 5:30 p.m.

**Thursday the 21st....**

**St. Matthew, Apostle & Martyr:** Holy Communion at 5:30 p.m.

**Wednesday the 27th....**

*Sts. Cosmus & Damian, Martyrs:* Holy Communion at 5:30 p.m.

*ACTS donation for September:  
Peanut Butter & Jelly*

There are many other stories I could relate, and, certainly, my mother, an Army Nurse in the Pacific during World War II, told me about her experiences being a nurse in a field hospital in New Guinea, treating aircrews returning from their sorties while she was in Australia, and of the moment the ship she was on being torpedoed.

The point here is integrity, adhering to moral standards as leaders, and putting service above self.

Underlining this was Faith — Faith demonstrated through their actions as leaders.

I've heard it said that there are no atheists on a battlefield — but isn't life a battlefield?

We are in a life and death struggle every day with the forces of evil. St. Paul has well expressed that in his Epistles. He tells us in his Letter to the Ephe-

sians to *put on the whole armor of God*. Just as a soldier is properly armed, we must also be properly prepared to face the devil in all his wiles.

St. Paul compares the armor of the Christian with that of a Roman soldier, as he tells us to gird ourselves with the belt of truth, to put on the breastplate of righteousness and the shoes of the gospel of peace, to take up the shield of faith and to don the helmet of salvation, and to take hold firmly the sword of the Spirit.

We can see well today the efficacy of thus arming ourselves, for we are, indeed, as Christians, at war with the evils that have permeated our society from the bottom to the top.

Remember also the chaotic withdrawal from Afghanistan appearing as only the tip of the iceberg, demonstrating the extent of the lack of moral leadership

*(Continued on page 16)*

## Announcements

*Scoured from the Weekly Bulletins & Elsewhere*

### Don't Forget

#### **ACW Market Day Sale**

The Annual ACW Market Day Sale returns this year, slated for Saturday, October 28th. Items are now being accepted, Monday thru Friday, 9 to 2. Please contact Kathy in the Parish Office.

#### **September Vestry Meeting**

The September Vestry meeting is Tuesday, the 12th, at 5:15 pm in the Parish Hall. Reminder that Vestry meetings are open to the Parish.

#### **Parish Night Out**

**Parish Night Out** is Wednesday, the 13th, at 6:30 pm following the 5:30 service.

#### **ACW Lunch Set for September 19th**

**ACW** will meet for lunch on the 19th at 11:30 at *Victoria's Mexican Grill* on Silver Bluff. We've had good reviews on *Victoria's*. Please let Betty know if you plan to attend.

#### **Men of All Saints' meet on Tuesday the 19th**

The **Men of All Saints'** (MOAS) will meet on Tuesday the 19th at 6:00 pm in the Parish Hall for their September dinner. Please let Fr. Alexander know if you plan to attend. No menu set at this time. As always, suggestions welcome — volunteer chefs appreciated!

#### **Anglican Studies Series**

Plans are to resume, in September, the

**Anglican Studies Series**, covering a variety of topics concerning our **Anglican Tradition**, past and present, focusing on answering pertinent questions concerning our **Faith and Practice**. One of the program series planned is the *History of Christianity*, produced by **Hillsdale College**, and donated to the Parish by former members, **Chuck & Danielle Falk**, now living in Switzerland. Actually, we consider Chuck and Danielle to be our overseas members, and they continue to contribute in many ways to this Parish.

#### **Seeking Voices for the Choir!**

We welcome **Dominique Corbett** to the choir. She is a great addition, but we still need more voices. If you're interested, please let **Chris Roberts** know, or speak with **Tony Harris** or **Larry Byers**.

#### **All Saints' Sporting Club**

We do have an active **All Saints' Sporting Club**, featuring shooting and fencing, with more activities in the planning, including classes for *Concealed Carry Permits*. Heading up the club is **Clayton Kern**. If you would like more information, please contact Clayton.

#### **Please Welcome Fr. Sterne**

Fr. Sterne is filling in for Fr. Alexander on Sunday September 3rd, so please give him a hearty All Saints' welcome.

## *Big, Old TV Gone!*

Remember that big old TV in the Parish Hall? Well, it's a thing of the past.

The TV was quite an addition to the Parish when donated by **Alan Wingard** some years ago. But, alas, today's technology has passed it by, not to mention its size.

More recently, the Parish obtained a "state of the art" TV to replace the old one. Actually, the size of the screen was the same but the new TV was but a shadow of the old in overall size.

So, during the August Men's gathering, **Larry Byers**, **Kevin Riordan**, and **Bob Sukovich** carted it out to the street.

Remarkably, the next morning, it was gone! Yay!

Thank you to whoever in the neighborhood took it home. It was a win-win. We hope the new owner will enjoy it.



## *It's A Boy for Jordan & Jessica Hewett*

**Baron Lafayette Hewett** was born on Monday August 14th, weighing in at 7 lbs 9 ounces.

Many of you may not know Jordan and Jessica but Jordan is a regular at the Men's monthly gathering, coming to us from St. Luke's in Augusta, where he is a member of the Vestry.

We congratulate Jordan and Jessica on the new arrival and send our best wishes and prayers.





## ACW News

by Betty Alexander

*Metro Diner* was the site of the August ACW Lunch.

A small, but exuberant group of ladies assembled. Those present were **Trina Crocker, Cecelia Davies** (hidden in the photo behind Trina's head), **Marion Terrell, Ann Zouck, Dominique Corbett, Patricia Sharp,** and **Betty Alexander** (behind the camera).

Trina brought a "sursi" (a word coined in her family for a "surprise") for all in attendance. It was a small plastic pouch to hold your essentials when you are not carrying a large purse. As evident by the smiles, it was a welcome gift for all.

Trina also read an interpretation by Anthony Hopkins of a poem on the wisdom of maturity written by a Brazilian poet, **Mario de Andrade**

("My Soul is in a Hurry").

The day's conversations began with a discussion of the heat, and of the various indexes developed for measuring it, one being the "Wet Bulb Globe Temperature".

Dominique said that the **WBGT** is the measurement used to categorize heat in the military services for the purpose of defining the maximum period of outdoor work details. When Categories 4 and 5 are reached, the allowable work periods are significantly limited.

Dominique took a photo of Cecelia (not shown, per Cecelia's request) for Patricia, who wanted to paint her picture. And when Patricia expressed a desire to paint a picture from the photo of a donkey displayed on Dominique's phone, her wish was fulfilled



## ACW Market Day Sale Coming in October

The **Market Day Sale** is scheduled for **Saturday, October 28**, and the ACW is accepting donations.

Those cleaning out their closets are requested to contribute their discarded treasures to the sale, which benefits the Parish and community through **ACW** outreach.



Household items, tools, toys, seasonal decorations, costume jewelry, purses, and luggage are acceptable but, please, no clothes or books.

We do ask that all items donated be clean and good condition.

Donations may be made Monday thru Friday between 9:00 a.m. and 2:00 p.m. Please call Kathy in the Parish Office to coordinate day and time.

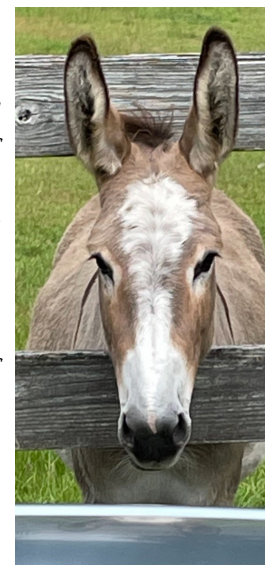
The ACW extends a big **THANK YOU** to **Clare Michelinie** for heading up this year's **Market Day Sale**.

quickly when Dominique ordered a copy of the photo from **CVS** and brought it back to Patricia. (The photo of the donkey is displayed in this story, as **it** made no objection.)

All in all, the group had such a good time that one of us noticed that a lady sitting by herself was smiling broadly as she watched us. As she left, she stopped by our table to say, "You girls are just fabulous!" We told her that we at **All Saints'** are fun people. She needs to visit us.

The next **ACW Lunch** will be at **Victoria Mexican Grill** on Silver Bluff Rd. on Tuesday, September 19 at 11:30 AM.

Let us know if you plan to come, so we can reserve enough seats.





## Parish Night Out *A Taste of India at The Taj*

A small group met at *The Taj* on Richland Avenue for a taste of India for our August Parish Night Out.

It had been quite sometime since we last gathered there, and we were not disappointed with the cuisine.

**Dominique Corbett** offered assistance when it came to choosing our dishes, and we ended up with a nice variety.

Seated at the table were **Dominique Corbett, David Merriam, Ann Zouck, Betty & Fr. Alexander, and Chris Roberts.**

Our next destination is **Victoria's** on Silver Bluff. That will be on the 13th at 6:30, following, of course, the 5:30 service.



No doubt everyone enjoyed the dishes as conversation ceased, and all focus was on the food!

## Some Milestones in the History of All Saints'

**October 5, 1977** — First organizational meeting was held in the home of **Vic & Abby Monetenyohl**. The group, led by **William Nightingale**, met to discuss their options in the wake of events that were dividing the Episcopal Church.

**October 30, 1977** — The first service was held.

The original 13 founding members of All Saints' include: **Abby & Victor Montenyohl, Carl & Bea Spencer, Chuck & Butch Armour, Nancy Wilds, Catherine Arbuthnot, Alice Wilder, Bob Taylor, Grayson Haynes, Bill Nightingale, and Louise Stribling.**

The property, purchased soon thereafter from the late **Dr. Robert Lipe**, included the **Fairfield House**, built about 1845, as well as the Church, constructed in 1938-39, and the Parish House.

The current Altar and pulpit date to 1750 and the **Church of St. Michael** in Sandwich, Kent, England. When that church was closed in the 1970's, the Altar and pulpit were removed, and made their way to Savannah, Ga., where they were found by **Nancy Wilds**, who arranged for their purchase. A plaque on the side of the Altar lists the names in whose memory the Altar was dedicated.



Coffee Hour Drama  
***Riordan Scalps Sukovich***  
 Or Why You Shouldn't Miss Coffee Hour

Well, if you didn't stay for *Coffee Hour* on Sunday, August 27th, you missed it — a once-in-a-life time event.

**Sharon Riordan** took the scissors and skillfully removed **Bob Sukovich's** bun, while a group of Parishioners gathered round to watch. It was *scalping* for a worthy cause. Bob is donating his locks to the *Children with Hair Loss* through Sharon's business, *Hair Knowlogy*, which participates by providing donated hair from her customers. What a great project!



ered round to watch. It was *scalping* for a worthy cause. Bob is donating his locks to the *Children with Hair Loss* through Sharon's business, *Hair Knowlogy*, which participates by providing donated hair from her customers. What a great project!

*Hats off to Sharon and Bob!*



***Doctors Hospital Advanced Wound and Burn Clinic***  
 A Life-Saving Experience Recounted by Dot Holladay

This is the largest burn center in the U.S. and the third largest in the world. They treat more than 3,000 patients annually and have been our region's expert center for healing difficult wounds and burns for 30 years.



Simply put: They saved my life, and I wanted you know about them.

This amazing place has a helicopter pad for arriving patients, and, also, housing for families with long time care patients. The staff is everything you could pray for. It is located off Wheeler Road on the Doctors Hospital circle.

I needed help after surgery for incisions that would not heal.

We visited many urgent care centers, and none could help. WHY? It remains a mystery.

Finally, we heard of *The Wound and Burn Center* at *Doctors Hospital*, and they agreed to help. We thanked God. So after four major repair surgeries, I was put on a regimen of surgery with a miracle product called the **Wound VAC**, and, indeed, it WAS. Gratefully, I wore it, changed it, charged it for many weeks with

short surgery and anesthesia beautifully performed each week at *The Wound and Burn Center*. (My last application of SILVER on the incision reminded me of Father George's proof that germs on the chalice are removed by the silver! I am a believer.)

Some of the miracles at the Wound and Burn Center are for small children and they pull on your heart. Many patients are diabetics in oversized wheelchairs, with foot wounds or amputations, and very tired caretakers.

You may hear the helicopter bringing in a new patient and you say a prayer. You thank God and Joseph M. Still for having a genius plan that helps so many. Then you read a plaque that says he died just a few weeks before it was completed... Hence, the name, with abiding thanks.

I thank them. I thank Bob for taking me to Augusta every week, sometimes at 5 am. I deeply thank my son, James, who flew east from Seattle to drive me back to Mayo. I thank friends, who sent cards, called frequently, and kept my spirits up. I thank God and the *Joseph M Stills Wound And Burn Center*. I will thank you for remembering the name, in case you or someone else ever needs it. I thank you for reading this and spreading the word... Someone you know might need it one day.



## Men of All Saints'

# *An Evening to Honor the Memory of Jack Vecchione*



A number of the group dressed as Mafia for the Men of All Saints' August gathering to honor the memory of **Jack Vecchione**, who departed this life after a long struggle with Parkinson's.

Why Mafia, one might ask? Well, Jack was exceedingly proud of his Italian heritage, and his image just fit in so well that he was nicknamed "The Don".



*The mobsters* — Jerry Burns, Don Michelinie, Kevin Riordan, Tony Harris, and Larry Byers.

His parents immigrated from Italy, settling in New Jersey, where Jack grew up.

Jack had a wonderful, dry sense of humor that just fit his nickname.

The evening was a joyous occasion, just as Jack would have wanted but, alas, no machine gun fire to add to the frivolity.

Dinner was different, featuring grilled venison burgers supplied by the Kerns

— **Jeff, Susie, & Clayton** — and meticulously cooked by the All Saints' Grillmeister, **Bob Sukovich**.

Following the blessing, we all raised our glasses to Jack. Of course, thanks to Carl Bottomley, we concluded the meal with cannoli's, just to top off our celebration of Jack's memory.

Present for the occasion were: **Linzee Whitaker, Ken Connor, Carl Bottomley, Tony Harris, Kevin Riordan, Bob Sukovich, Bill, Jeff Kern, Bob Ritter, Don Michelinie, Jerry Burns, Ray Vaughters, Forrest Roberts, Larry Byers, Zack Ratchford, Clayton Kern, Chris Roberts, and Fr. Alexander**. Next meeting is September 19th.



Photos by Forrest Roberts





# The Importance of Who We Are

Observation and Thoughts by Fr. Alexander

Reprinted from the Sunday Bulletin

Recently, I have given much thought to the future of All Saints' in this ever-changing world, especially in this increasingly dangerous environment for Christians. None of us can reject the reality of how dangerous the all the-world has become in recent years.

Now, we are, a healthy and, I think, vibrant Parish — a wonderful, loving Family, as I like to say, a **Family in Christ**. Yet, we are an aging Parish, with an aging rector, though, without a doubt, we are an **active** Parish, desirous of attracting younger families. We have amazing members who comprise this small Family.

So, we come to some questions and considerations as we look to the future.

Indeed, what is the future of All Saints'? How do we attract people of all ages, especially the younger generations?

What are our strengths and weaknesses?

For some time, I have given this much thought. I have listened to many Parishioners. And, of course, I think we can gain some insight if we ask newcomers why they were attracted to All Saints'.

Now, having made it through 34 years as a priest, not a record by any means, I have some thoughts and observations about what sets us apart and makes us attractive.

First of all, it is who we are as a Parish. What does that mean?

We are **Traditional** — we practice the Faith and Worship of the Church as revealed to the Apostles and continued through the One Holy Catholic and Apostolic Church.

We are **steadfast** — steadfast in the Faith and unwavering, not caught up into the frenzy that surrounds us, the changeability of society.

We are **moral** — moral in that we adhere to the morals and standards found in Holy Scripture, not condoning the willy-nilly-ness that surrounds us.

We are a **Family in Christ** — love abounds in our Parish; we care for each other; and we want to share that love with others who would join our small family.

Secondly, it is the sharing of our love with those who visit us, in that we are friendly and welcoming to those who visit, or who want to join our little family.

These are our strengths and represent just some of them. They help to define who we are.

Now, why would we want to be any other than who we are? What could we, or would we, want to change in our Parish that would make it more attractive?

Who we are begins with our Liturgy and extends throughout the Parish. It is reflected in each of us, even in our facilities, which are conservative and reassuring.

Reassuring. When someone comes to our Parish, regardless of their age, they are reassured that in us is reflected the **Divine Love of God**, expressed through Jesus Christ. It is evidenced in our Parish Family.

Along with this reassurance is **comfort**, finding comfort in that we are unchangeable in our Faith and Worship of God, that we represent **spiritual stability** in an uncomfortable world fraught with instability. We do not change one iota to conform to the world.

We offer steadfastness, comfort, and reassurance through love, accepting the sinner without condoning the sin for, indeed, we are all sinners. Our hope is that, in accepting the sinner without condoning the sin, through God's **Divine Love, Mercy, and Grace**, the sinner may be transformed and saved.

So, what does it really come down to?

I would dare to say that the bottom line, is that it is not what we can change to make our Parish more attractive, rather it is how do we communicate who we are to the rest of the world?

Thus, we have a challenge — how do we go about getting the word out, exposing the **secret** that we are a wonderful **Family in Christ**.

A challenge for each of us, and we have a great **Vestry**, which has engaged other members of the Parish to work on this but we still need each of our members, you, to communicate to the Vestry your thoughts, your ideas.

Let's go a bit further. How about each of us spreading the word by letting our friends, our neighbors, know just how wonderful our Parish is. There is plenty of room in the pews!

*O Worship the Lord  
in the beauty of holiness!*

That's us!

## Birthdays & Anniversaries

### September Birthdays

- 1 Lawrence Kurland
- 10 Clare Michelinie
- 11 Bob Holladay
- 14 Donna Burns
- 15 Mitchell Collins
- 18 Susie Kern
- 19 Carl Bottomley
- 28 Larry Byers

### September Anniversaries

- 2 David & Carol Twigg



From My Desk continued....

expected in a nation build upon the highest moral standards.

This is not about politics but about morality, about ethics and integrity of leadership, and it is found lacking at all levels, and is not entirely limited to one political party — and it can also be found in the Church.

The Church sets the tone, and when there is a breakdown in church leadership and an erosion of Biblical Standards, the effects are felt throughout society.

This has been some time in the making, and technology, used in the wrong way for personal gain, has been a catalyst.

A perfect example is the *Gospel of Prosperity*, where leaders of church movements take advantage of their flock to enhance their own lifestyles, justifying it by saying it's what God wants for them.

We see it in politics, where politicians appear to become more wealthy while their constituents endure hardships.

### **All Saints' Herald**

Published monthly by

**All Saints' Anglican Church**  
110 Fairfield Street NE - Aiken, SC 29801

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We see it in business, where executives, most often in large corporations, have been lavished with extraordinary salaries and bonuses, even when their companies fail.

All of this is finally reflected in our nation's persona as a light in the world, an example of what nations are supposed to be but now our reputation is tarnished and our light reduced to just a flicker.

The ills of our society and the failure of our nation as a leader in the world can be traced back to the Church as a whole.

We, the Church, the various denominations and sects, have failed to live up to the expectation of the faithful; we have failed to be a force in society; and we have withdrawn from participating as we ought in promoting a moral governing body.

Whenever we hear the words *service above self*, they today ring hollow — except for the few who did give their lives in service, such as most recently in Afghanistan.

### **Service above self.**

Jesus said it: *Greater love hath no man than this, that a man lay down his life for his friends.*

It is time that we all emulated our Lord and Saviour by, indeed, putting service above self, by holding our leaders' feet to the fire, else where shall we find ourselves tomorrow?

## **Altar Guild Work Day**

Members of the **Altar Guild** met on Saturday, August 19th for their *Quarterly Work Day*.

**Carol Sue Roberts, Ann Zouck, and Dominique Corbett** joined **Betty Alexander** in polishing brass and silver.

Dominique took a great photo of Lillie lying in the reflection from the stained glass window above the Altar. She had the photo framed and gave to Fr. George & Betty. Lillie considers herself quite the Church Dog and was, of course, supervising the Altar Guild as they went about their work.

The **Altar Guild** is officially named **St. Catherine's Altar Guild**, named after the 14th century Italian saint and mystic, **St. Catherine of Siena**, one of the few women Doctors of the Church.

**St. Catherine's Altar Guild** is always seeking new members. It's a wonderful way for women to serve the Church. If interested, contact **Betty Alexander**.







# Nature

## As Seen through the Lens

by Forrest Roberts

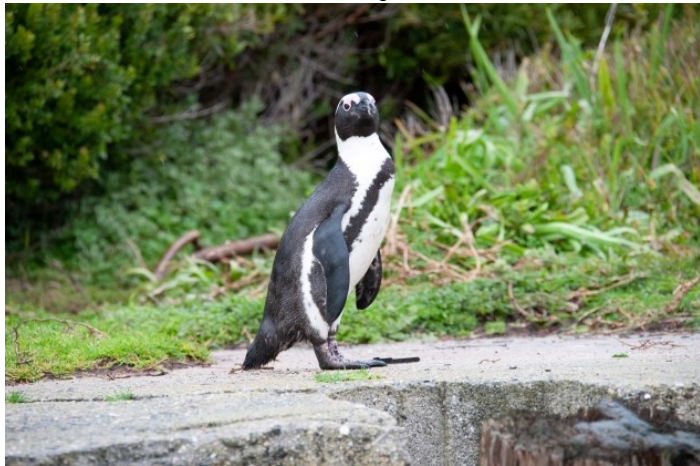
### Penguins, our favorite flightless Bird, Part 1

Location: *Here & There*

There are about 17 kinds of Penguins depending on the authority you use, and Carol Sue and I have been fortunate to have seen and photographed many of them. Most are located far south in the Southern Hemisphere,

America, bringing nutrient-rich cold water, which sustains the Galapagos rich biodiversity. While the African Penguin is only seen in the southern most part of South Africa, it is actually not that far south relative to the others. The southern tip of South America is about the same distance from the equator as Spartanburg, SC.

The Emperor is the largest, about 4 ft., and is in Antarctica. Since it lives in a colder climate compared to the King,



**SA#1** except for the African Penguin and the Galapagos Penguin. The Galapagos Penguin can survive at the equator because the Humboldt current flows north along the west coast of South



**SA#2**

It has relatively smaller wings, feet, and a smaller bill, for heat retention.

The King is usually found in the South Georgia and South Sandwich Islands. They are about 12-18 inches shorter and the same colors as the Emperor but much brighter in color. The chick of the Emperor is grayish with a black and white head, and very cute, while the King chick is solid brown, and not too cute. Other penguins are found in

southern Australia, New Zealand, southern South America, and the Falkland Islands.

**SA#1** is the African Penguin, formerly known as the Jackass Penguin, because of its donkey-like braying call.

**SA#2** shows how the penguins coexist with people living in the area. It is fenced and marked so the penguins have a nice beach.



**Galapagos#1**

**Galapagos#1** is one of my favorites, as we were photographing from Zodiacs, and I was lucky enough to get Penguins and a Sally Lightfoot Crab (SLF) in the same image. No other place can you see that.

**Galapagos#2** is a better image of the Penguins but the SLF Crabs are hard to see in the background.

Hope you enjoy, and more images next month.



**Galapagos#2**



## Exploring our English Church Heritage

# *Magnificent Ruins of Whitby Abbey*

Overlooking the northeastern coastal city of Whitby are the awe-inspiring ruins of a once-great 11th century Abbey.

Perhaps, Whitby Abbey is best known for the Synod of Whitby, chosen by King Oswiu of Northumberland as the site of the first synod of the Church in his kingdom. During this Synod, the Roman method for establishing the date for Easter was adopted as the norm for Northumbria, securing its use in the Western Church.

The Abbey church, at least its ruins, are all that is left of a huge complex



that dominated the landscape.

Originally, the site was home to a “minster” for both men and women, founded in 657 by St. Hilda, who was the first Abbess. That monastery was destroyed in the 9th century during the Viking raids; two centuries later, it was rebuilt and eventually came under the Benedictine Rule.



astery also had a stake in the town’s fishing industry.

Whitby Abbey is filled with history, and went through periods of financial difficulty. Finally, it was surrendered to Henry VIII in December of 1539. A parish church, St. Mary’s, did exist in the town and still stands today.

The re-establishment of the Abbey resulted in a strained relationship with the town below it, as the monks were given Burbage of the town, that is, the right to administer the town and collect dues and customs. The Abbot controlled anchorage in the harbor, and the mon-







## Another Take on Chicken *Chicken Thighs Again*

By Fr. Alexander

Chicken, chicken, chicken! When Betty and I start planning for dinner, the second question is *does it have to be chicken again?* The first question, is, of course, *what's for dinner tonight?*

Well, the answer in the **Clerical Kitchen**, about four out of seven times, is *yes, it's chicken*.

Now, we do occasionally have beef or pork, and, often, seafood of some type, but for the most part, it's chicken.

Which leads us to "How many ways can you prepare chicken so it's not just the same old *chicken?*" We won't enumerate, but here is one way we tried recently and found it good to our taste, and we thought it was worth sharing. — But what to call it?

### How about **Chicken Thighs Again?**

#### Ingredients:

- 2 Chicken Thighs, skin-on
- 2 slices Mozzarella Cheese
- 1/2 cup Onion, Diced
- 1 cup Diced Tomatoes
- 2 large Garlic Cloves, sliced
- 2 Tbs Olive Oil
- 1 Tbs ea. Red, Green, Yellow Bell Peppers, sliced
- 2+2 Tbs Marsala Wine
- 1/2 cup Water

- 1/4 tsp Italian Herbs
- 1/4 tsp Basil
- 2 Tbs Tomato Paste
- Salt & Pepper

In a cast iron skillet, brown the chicken in the olive oil and set aside.

Add onion and tomatoes to the skillet, medium-low heat, and stir. Add remaining sliced garlic and peppers, and salt & pepper to taste.

Add the herbs, including the basil, plus 2 tbs of Marsala and the tomato paste. Stir well to incorporate the tomato paste. Simmer until onions begin to soften. Add the water.

Add the chicken, skin side down for about 10 min., basting the chicken frequently. Then turn over and top with mozzarella cheese and the remaining 2 Tbs of Marsala.

Simmer for another 10 mins. (basting optional), and it should be ready to serve.

We served it with pasta on the side, topped with the sauce. Of course, put a little (or a lot) of the sauce on the chicken.

Serve with a salad and vegetable, and the wine of your choice. Since it's a tomato sauce, we used a red wine.

There you have it — **Chicken Thighs Again?**

*Andiamo a Mangiamare! — Bon Appetit!*

## Saint of the Month St. Theodore of Tarsus, Archbp. of Canterbury 602 - 690

St. Theodore, known as Theodore of Tarsus, born in 602 in Tarsus, was Archbishop of Canterbury from 668 to 690.

Theodore grew up in Tarsus but fled to Constantinople, perhaps when he was in his 30's, about the time Tarsus and other cities were conquered by the Persians. There is evidence that Theodore most likely studied in Antioch, was familiar with Persian culture, and also knew Syriac culture, language and literature. In Constantinople, Theodore's studies included a number of subjects, such as astronomy, ecclesiastical computus (calculation of the date of Easter), astrology, medicine, Roman civil law, Greek rhetoric and philosophy, and the use of the horoscope.

Sometime before 660, Theodore traveled to Rome, where it is thought he lived with a community of Eastern monks at the monastery of St. Anastasius.

In 667, the See of Canterbury unexpectedly fell vacant, and Theodore was sent by Pope Vitalian, on the recommendation of Hadrian, to fill the vacancy. He was consecrated Archbishop of Canterbury in Rome on March 26, 668. Upon his consecration, Theodore was sent England, accompanied by Hadrian. He arrived at the end of May in 669.

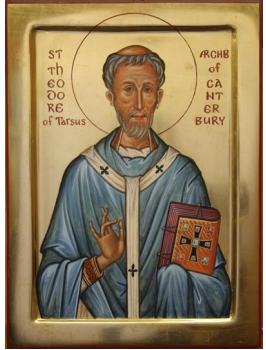
As Archbishop of Canterbury, Theodore conducted a survey of the English

church and appointed various bishops to see that had lain vacant for some time. In 673, he called the Synod of Hertford to institute reforms concerning the proper calculation of Easter, episcopal authority, itinerant monks, the regular convening of subsequent synods, marriage and prohibitions of consanguinity, and other matters.

One of his controversial acts was dividing the large diocese of Northumbria into smaller sections. This brought him into conflict with Wilfrid, Bishop of York, whom Theodore deposed and expelled in 678, thus dividing the dioceses. The conflict with Wilfrid was not resolved until about 687.

Notably, Theodore and Hadrian established a school in Canterbury which provided instruction in both Greek and Latin. That resulted in what has been called a "golden age" of Anglo-Saxon scholarship.

Theodore's tenure as Archbishop of Canterbury was busy and quite productive. It lasted for twenty-two years until his death at the age of 88 in 690. He was buried in Canterbury at St. Peter's Church, known today as St. Augustine's Abbey.





# Parish Monthly Calendar

## September 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Ap - Apostle      Ev - Evangelist      D - Doctor of the Church M - Martyr        Mm - Martyrs        V - Virgin      Wid - Widow Abt - Abbot        Abs - Abbess        B - Bishop      Bb - Bishops C - Confessor      Cc - Confessors					<b>1</b> St. Giles, Abt.	<b>2</b> St. Stephen of Hungary, K.C.
<b>3</b> <i>Trinity 10</i>  MP & HC 8:30 Bible Study 9:30 HC 10:30	<b>4</b>  Feria	<b>5</b>  Feria	<b>6</b>  Feria EP at 5:30 pm	<b>7</b>  St. Evurtius, B.C.	<b>8</b>  Nativity of B.V.M. EP at 5:30 pm	<b>9</b>  St. Peter Claver, C.
<b>10</b> <i>Trinity 10</i>  MP & HC 8:30 Bible Study 9:30 HC 10:30	<b>11</b>  Sts. Pontus & Hyacinth, Mn.	<b>12</b>  Holy Name of Mary	<b>13</b>  Feria EP at 5:30 pm	<b>14</b>  Exaltation of the Holy Cross EP at 5:30 pm	<b>15</b>  Seven Sorrows of B.V.M.	<b>16</b>  St. Cyprian, B.M.
<b>17</b> <i>Trinity 10</i> (Comm. Hildegard, V.) MP & HC 8:30 Bible Study 9:30 HC 10:30	<b>18</b>  Bl. Edward Bouvarie Pusey, C. Vestry Meets 5:15	<b>19</b>  St. Theodore, B.C.  ACW Lunch 11:30 Men meet 6:00 pm	<b>20</b>  Ember Wednesday (Comm. Vigil of St. Matthew) HC at 5:30 pm	<b>21</b>  St. Matthew, Ap.M. HC at 5:30 pm	<b>22</b>  Ember Friday	<b>23</b>  Ember Saturday (Comm. Sts. Linus, B.M., & St. Theda, V.M.)
<b>24</b> <i>Trinity 10</i> (Comm. Our Lady of Clemency) MP & HC 8:30 Bible Study 9:30 HC 10:30	<b>25</b>  Bl. Lancelot Andrewes, B.C.	<b>26</b>  Feria	<b>27</b>  Sts. Cosmas & Damian, Mn. HC at 5:30 pm	<b>28</b>  St. Wenceslas, Prince, M.	<b>29</b>  St. Michael & All Angels	<b>30</b>  St. Jerome, C.D.