

# *All Saints' Herald*

*February*  
*2024*

Newsletter of  
All Saints Anglican Parish  
Aiken, South Carolina

A Parish of the  
Anglican Catholic Church  
Diocese of the South

From My Notebook....

Reminiscing

## Growing Up in the 40s in the South

Once upon-a-time, There were Cowboys & Indians



On February 2nd, as I watched the retirement ceremony for my older son, Michael, a Chief Master Sergeant in the Air Force for 30 years, I began reflecting on the past, as I have lately, remembering those bygone days when life seemed so much simpler and uncomplicated.

My reminiscences focused on my childhood, those early years in the 1940s and early 50s, growing up in what was then referred to as Madison but which was, in reality, I guess, Graniteville.

Those were the days when, on a Sunday afternoon, we would pass the time by sitting on the porch and counting the number of cars that would pass by. On a good day, we might get 10 or 12.

Of course, at 4 o'clock, shift change at the Graniteville Mills, we would watch what seemed to be an endless stream of cars go by. Then, back to the once-in-a-while straggler.

Recently, Betty and I reflected on our love of the Ole West, cowboys and Indians, six-guns, chaps with spurs, and horses.

For me, horses were a reality but, for Betty, more of a dream.

My family had horses. We had a farm of at least a hundred acres, which was a playground for us kids — me and my cousins.

We rode the horses at any opportunity, most often bareback, without saddles or bridles. It was a paradise.

But, we also learned that the farm was also work; that the stables had to be cleaned, the horses groomed, the fields plowed, and hay brought in and stacked in the loft of the barn. Oh, and not to forget, the corn had to be shucked for the horses.

For a short time, we had a cow, which eventually made its way to my Uncle Tom's butcher shop. There were no regrets on any of our parts — the cow wasn't all that much fun.

But to get back to the cowboys and Indians. One of the first things we kids learned was that you could wear the chaps while riding the horses but not the spurs. No explanation needed. Once was enough. Fortunately we were using Western saddles, which allowed us to have a good grip on things, especially in rough moments.

Those were the days when we could play cowboys and Indians, use our fingers to point as a gun, and to wear our

## Services & Meetings for February 2024

**Friday the 2nd....**

*Purification:* Communion at 5:30.

**Wednesday the 7th....**

*St. Romuald, Abbot:*

Holy Communion at 5:30 p.m.

**Monday the 12th....**

Vestry meets at 5:15 p.m.

**Tuesday the 13th....**

*Shrove Tuesday:*

Spaghetti Dinner (potluck) at 6:00 .

**Wednesday the 14th....**

*Ash Wednesday:*

Imposition of Ashes & Holy Communion at 5:30 p.m.

**Friday the 16th....**

*Feria:*

Stations of the Cross at 5:30 p.m.

**Tuesday the 20th...**

ACW Lunch at 11:30 a.m.; Men of All Saints at 6 p.m.

**Wednesday the 21st....**

*Ember Wednesday:*

Holy Communion at 5:30 p.m. Followed by Lenten Supper Program. (Supper is soup, bread, & salad.) Sign up sheet on bulletin board.

**Friday the 23rd....**

*Ember Friday:*

Stations of the Cross at 5:30 p.m.

**Saturday the 24th....**

*St. Matthias, Apostle & Martyr:*

Holy Communion at 10:30 a.m.

**Sunday the 25th....**

*Lent 2:*

Evensong at 4:00 p.m.

**Wednesday the 28th....**

*Feria:*

Holy Communion at 5:30 p.m. Followed by Lenten Supper Program.



six shooters pretending to be Roy Rogers, Gene Autry, or the Lone Ranger.

On the farm, we would play cowboys and Indians on horseback, luckily surviving our antics, and the horses didn't seem to mind.

There was no stigma attached to being kids, dreaming kid's dreams, pretending to be our Wild West heroes.

And despite our playing cowboys & Indians, brandishing our six-guns, and shooting nearly every bad guy on sight, none of us ever thought of Indians as being bad, or of guns as being some-

thing to cause harm, outside of our playful imagination.

We learned a respect for people, and a respect for guns — and we certainly learned a respect for Nature, for God's creation. For us, God was in and through everything — that we knew, and we were only five. Our families made sure of that.

Yep. Once upon-a-time, there were cowboys & Indians. There were six-guns, and **Roy** and **Gene** were our heroes. And, yes, we knew that Jesus loves us, for the Bible tells us so!.

## Announcements & Parish News

*Scoured from the Weekly Bulletins & Elsewhere*

### ***Shrove Tuesday Means Pasta***

Shrove Tuesday is on February 13. We will have our traditional *Spaghetti Supper*, as is the custom for All Saints'. It is a potluck, so you may contribute, if you like, to our buffet! Consider bringing your favorite sauce, with enough to share with everyone, or you may choose to bring a salad or dessert. Snack items are also welcome. Pasta & bread will be provided. Please coordinate your dishes with Lena Whittaker so we won't be overwhelmed with any one item.

### ***Ash Wednesday***

*Ash Wednesday* is on the 14th (Valentine's Day). The service will begin at 5:30 with the *Imposition of Ashes*, followed by Holy Communion.

### ***Lenten Supper Program***

As in the past, we will have a *Lenten Supper Program* following Holy Communion at 5:30. Beginning on the second Wednesday in Lent (February 21st), the program will be a five-part series on *English Spirituality* by Dcn. Lance Davis. Supper will consist of soup, salad, & bread. Wine will be available, as well as other beverages.

### ***Altar Guild a Noble Service***

The **Altar Guild** is, indeed, a noble service for women in the Church, especially for women in the English

Church. It is a duty to serve God by maintaining the Altar and the vessels and linens used in the various services. Our Altar Guild — St. Catherine of Siena — is in need of more members to assist with Altar Duties following the various services, in particular, at the 10:30 service. If you are interested in this wonderful and very important service in the Church, please contact **Betty Alexander**.

### ***Like Coffee Hour?***

### ***Why Not Volunteer to Help***

Coffee Hour is a wonderful tradition at All Saints', and we need volunteers to help in preparing the Sunday Coffee Hour. It doesn't have to be elaborate or involved, and two or more may team up for a particular Sunday. If you're interested in joining in to prepare a Coffee Hour, please contact **Lena Whittaker**, who is chair of the *Hospitality Committee*, or just sign up on the bulletin board.

### ***Remembering Family & Friends at the Altar***

It is customary in **Anglican Tradition** to remember our departed loved ones and friends at the **Altar** on special occasions, especially on their birthday or date of departure. If you would like to have a family member, or special friend remembered at the **Altar** on a certain Sunday, please let Fr. Alexander know.

### ***More Services in the Future***

With the addition of Dcn. Lance Davis, we find that now we will be able to offer more services, hoping to be able to meet the needs and desires of all our Parishioners. Two are coming to fruition: Evensong and a High Mass. Both are expected to become regular additions to the service schedule after Easter. In the meantime, there will be Evensong on Sunday, February 25th, and on March 17th. Those services will be at 4:00 p.m. The one on March 17th will be followed by our Annual St. Patrick's Day Festival.

### ***Altar Flowers***

During the seasons of the Church when flowers are permitted on the Altar, we encourage Parishioners to give flowers in honor or memory of family, friends, or special occasions. There is a chart on the bulletin board in the Parish Hall for those who would like to dedicate flowers. There is no specific amount to donate for *Altar Flowers*; however, the cost of each arrangement has increased significantly. Kathy Clark, Administrative Assistant, can give you more information regarding the actual costs of the flowers, although any amount is appreciated. Do note that, during Lent, there are no flowers on the Altar.

### ***Prayer List***

Remember that family and friends may be included in the Prayer List but we do ask that you periodically check and update the list. Fr. Alexander does

read the entire list during the Sunday services, as he feels that it is important that we not only read the names but hear them, as well. If there are some who should be removed from the list, as well as some who need to be added, please let **Kathy Clark** or Fr. Alexander know.

### ***Visitors***

We have had many visitors to our Parish lately, so please join our clergy in showing them how warm, friendly, and welcoming we are at All Saints'.

### ***ACW February Luncheon***

The **ACW** will meet at *Anshu Asian Café* this month. The date for the luncheon is Tuesday the 20th at 11:30 a.m. Please let Betty Alexander know if you plan to attend.

### ***Men of All Saints' Meeting***

The **Men of All Saints'** will meet for dinner on Tuesday the 20th at 6:00 p.m. in the Parish Hall. The menu has not been set yet, so suggestions are welcome. There will be plenty of wine and beer to go with whatever the fare will be. If you plan to attend, please let Fr. Alexander know. Indicate if you are bringing a guest.

### ***Stations of the Cross***

With the *Lenten Season*, we will resume **Stations of the Cross** on Friday the 16th at 5:30 p.m. As is the All Saints' custom, **Stations** will be held every Friday, ending with the Good Friday Services.

## ACW News

by Betty Alexander

In January, the ladies of *All Saints'* met at *Jade of China* for their monthly ACW Luncheon.

Present were **Cecelia Davies, with her niece, Merlene, Pat Hardwick, Betty Alexander, Clare Michelinie, Patricia Sharp, Jean Drake, Kim Hardwick, Dot Holaday, and Carol Sue Roberts.**

After puzzling over the entrees,



named, but not described on the menu (what **is** the difference between “Happy Family” and “Triple Delight?”), the next source of wonderment was the Chinese Zodiac displayed on place mats, as well as the discoveries that we made regarding our tablemates.

Thus, we learned that seated around the table were two rabbits (Jean, Pat), two snakes (Merlene, Kim), one sheep (Clare), one boar (Betty), one rat (Patricia), one ox (Carol Sue), and two tigers (Dot, Cecelia), and we gained assorted insights into marital relationships. Three of the ladies were married to rats, i.e., Don, Paul, and Forrest, whereas Betty was dismayed to discover that she had foolishly married a monkey, i.e., Fr. George — not considered an advisable pairing by the horoscope writers; instead, she should have married a rabbit or sheep. (Now they tell me!)



Discussing the foibles of our pets is an inexhaustible topic at ACW luncheons. Betty mentioned Lillie’s new predilection for Fr. George’s shoe brush and for her slippers (even when apparently safely stored in a closet), as well as for



her lipstick. Pat said that her dog, Jessie, will usually listen to Kim, but will look with total disdain at her if she admonishes her not to leave the yard (“No way I’m going to listen to that!”) — Maybe, analyzing our pets according to the Chinese Zodiac would improve our understanding of these pet/owner dynamics! (Just wondering...)

The next ACW Luncheon will be at 11:30 AM on Tuesday, February 20<sup>th</sup> at *Anshu Asian Café*. — Please let us know if you plan to come. It’s always fun!

## Athanasian Creed

The **Faith** has been defined through the three great Creeds of the **Church**: the **Apostles Creed**, the **Nicene Creed**, and the **Athanasian Creed**.

Also known as the *Quicumque vult*, the **Athanasian Creed**, in the **English Church**, was formerly recited at the **Office of Prime** on Sundays.

These Creeds undertake to tell us what is “Right Belief”, what that Faith is that was delivered to the Apostles by Jesus Christ Himself.

These are the very basics, the practice of which is further defined by the **Church**, mostly through the *Ecumenical Councils*.

Though his name is attached to it, the Creed was not written by St. Athanasius but bears the mark of his intense

occupation with the *Doctrine of the Trinity*. Theologian and authority on the **Athanasian Creed**, the **Rev. Dr. J.N.D. Kelley** places its origin in the vicinity of Lerins in southern Gaul about the early 4th century. The oldest surviving manuscripts of the Creed date from the 8th century.

The **Athanasian Creed** is a more detailed defining of the **Faith** and certainly should be read from time-to-time by everyone, even if it is not currently recited in the *American Church*, nor regularly in the *English Church* today.

If you would like a copy of the **Athanasian Creed**, please see Fr. Alexander.

## Men of All Saints'

The Men of All Saints' met on Tuesday, January 16th, in the Parish Hall, as usual. The bar opened at 6:00 p.m.

The fare for the evening was pasta with a newly developed sauce from the **Clerical Chef**. Of course, there was salad and bread plus wine, with apple pie & ice cream for dessert.

Discussions were varied but the trending topic was Church Liturgy.

The turnout for the evening was better

than expected, so leftovers were minimal. Based on the photos of both ends of the table, the fare was adequate.

We were joined by our youngest member, **Baron Hewett**, who was passed around the group.



Attending were: **Bruce Drake, David Twigg, Ray Vaughters, Larry Byers, Ken Connor, Tony Harris, Chris Roberts, Jeff Kern, Zack Ratchford, Jordan Hewett, Dcn. Lance Davis, Don Michelinie,**

**Bob Holladay, Dieter Voegle, Fr. Alexander, Jerry Burns, and Carl Bottomley.** Next meeting is the 20th.



*Photos  
By  
Forrest Roberts*



## Parish Night Out

*Southbound Smokehouse* was the place for January's **Parish Night Out**, attended by 11 hearty Parishioners.

The restaurant is located in the Alley and featured, of course, BBQ. Though not the Southern BBQ we were expecting, it still was tasty.

Present were: **Susie & Jeff Kern,**



**Sharon Padgett, Pat Hardwick, Dcn. Lance Davis,**

**Betty Alexander, Kim Hardwick, Chris Roberts, Ken & Amy Connor,** with Fr. Alexander behind the camera.

Since we will be in the Lenten Season, the next **Parish Night Out** will be in April on the 10th, — plenty of time to search for a new and exciting place to dine out.



## *Stations of the Cross*

### A Spiritual Journey

Soon, we will be in the *Lenten Season*, during which we solemnly contemplate Christ's way to the **Cross**, and each Friday during **Lent**, we will go through the *Stations of the Cross*. This beautiful service, which is sung with organ accompaniment, will begin at 5:30 pm.

As we move from station to station, we find in *The Stations of the Cross* that we are on a journey, following Christ on his journey to the **Cross**. Indeed, **Lent** is a season and a time for us to follow that journey, to be included — a journey with an earthly conclusion that is only the beginning.

So often, we are caught up in thinking of Our Lord's *Death on the Cross* as the end of that journey. However, in pondering the *Stations of the Cross*, we can see that this journey does not end with death but life; the **Cross** and **Tomb** were not the last two stations.

The tomb could not contain Jesus, and the Cross was only a means to something wonderful — life does not end with an earthly death but, rather, death is the gateway for our continued journey to our heavenly home, our final destination.

In meditating on the *Stations of the Cross*, we follow Jesus on his way from the Praetorium, where Pontius Pilate condemned him to death, through the streets of Jerusalem to the

**Cross** itself and, finally, to his being laid in the **Tomb**.

Along the way, we stop and meditate for a moment at each of the 14 stations, stopping to remember his falling three times; meeting his mother; the **Cross** being laid on the shoulders of Simon of Cyrene; his meeting the women of Jerusalem; his face being wiped; his being stripped of his clothing and lots cast for the items; his being nailed to the **Cross**; his **Death** on the **Cross** after commending his mother to the care of St. John; his **Body** being laid in the arms of his Mother; and, finally, his **Body** being laid in the tomb of St. Joseph of Arimathea.

When we follow the *Stations of the Cross*, we, for a short time, participate in our Lord's Journey. For many, it's a very emotional, spiritual experience.

When we reach the 14th Station, the **Tomb**, our journey ends.

But, in the sense of a journey, it's not the end. Christ's journey did not end when he was laid in the **Tomb**. Nor does ours.

Indeed, our journey has just begun, a lifelong journey that takes us through many stations as we follow in the footsteps of our Lord until we pass through the veil onto the sea of eternal life.



Mark your Calendars

### *Evensong*

Sunday February 25th  
4:00 p.m.

*Through out Lent*

### *Stations of the Cross*

*Fridays at 5:30 p.m.*  
Beginning February 16th



*The Deacon's Bench*

## Music in the Liturgy

*By The Rev. C. Lance Davis*

As I write this, we are still within the Christmastide season that extends from Christmas Day until Candlemas (February 2nd). One of the defining images of Christmas is the presence of the angels—in their appearance to Our Lady, to the Shepherds, and to St. Joseph. But what is the most obvious thing about the Christmas angels? They sing! Their song, *Gloria in excelsis Deo*, is the first Christian hymn and one which is still the most commonly sung in the Christian world. The angels are there because God has sent them, it is true, but we almost have the feeling in reading St. Luke that they have taken up this song because they cannot help it. They are watching the birth of God into the world as a human being, they know what it means, and they simply cannot help singing. St. Augustine famously said that he who sings prays twice, and certainly we know that to be true. The normal form of Mass throughout the Universal Church is High Mass, in which the entire liturgy (including the vast majority of the priest's parts) is sung and incense is liberally used. Low Mass is simply a concession to the fact that daily Masses celebrated outside religious communities cannot normally be sung easily, if at all. All the traditional ceremonial surrounding Low

Mass makes it plain that it is High Mass with the parts we cannot quite manage removed—in fact, in the Latin, the Low Mass is referred to as *Missa Privata*, the “deprived Mass”. High Mass is not Low Mass with extra bits, but the other way around: Low Mass is High Mass as much as we can manage without a singing community. The essence of worship is singing, and this comes from the heart of God's creation itself. There is music at the very core of Creation, and the Bible makes it plain that music is at the center of worship, and, therefore, at the heart of God. The ancients thought there was such a thing as the music of the spheres, that the planets made music as they spun through space.

There is no preaching in heaven; it isn't needed. There is no edifying reading in heaven; it isn't needed. There is no social work in heaven; it isn't needed. There is no pastoral care in heaven; it isn't needed. There isn't even any Bible reading in heaven, and, certainly, there is no German Higher Criticism in heaven; they aren't needed. The only thing that we know about Heaven for certain is that the presence of God is worshiped there by all, and that that worship is cast in song. In the Bible, music is seen as a means of worship, a

means of expressing joy, thanksgiving, penitence, prayer, teaching, and spiritual communication. There is absolutely no question of its paramount importance in the life of the Christian, either in this world or in the next.

If we reflect on the fact that angels are a kind of paradigm for Christians in the world, then the musical vocation of angels also comes into play. Today, perhaps more than ever, one of the most important practical aspects of our vocation is to use music properly in worship. The best possible music we can have in our churches is an extremely important priority. Music often expresses what the spoken word cannot, and speaks for the soul when it cannot speak for itself. It is necessary that our parishes see to it that the music we have is the best music we can possibly offer, and that it speaks of God within the traditions of the best culture we have achieved. Sad to say, most modern Christian music, “praise music”, “Christian rock,” and other excuses for church music simply will not do. Stupid lyrics and repetitive simple melodies do not elevate the soul. Great hymns teach by their poetry, and their musical settings serve the texts and lift the heart. The chanted texts of the Mass elevate us outside ourselves, and illustrate the otherworldliness of proper worship. It is the clergy's absolute responsibility—and should be the care and enthusiasm of all parishioners—to ensure that the music offered is suitable, that it is edi-

fying and uplifting, and that it speaks of God, rather than being enmeshed in our own modern popular culture.

In the parish I attended in New York City, every year was presented a “Mediaeval Mass”. During this Mass, electric lights were not used, there were no metrical hymns, no English (the Mass being offered entirely in Latin), and no spoken words (if the priest had something to say out loud, he sang it). This form of the Mass offered to God what would have been normative in the 14th or 15th centuries: one of the very early polyphonic Mass settings, the Latin Mass, and the Holy Sacrifice itself. The Church was normally full to overflowing for this exercise, and everything was done to make it plain that it was not a re-enactment or a stunt, but a real Mass, and a real way to enter into a different kind of worship. It all worked surprisingly well. One of the impressions this liturgy communicated is how important it is for those of us in the pews and in the sanctuary who are not musical professionals to raise our voices in song. Active participation in every part of the Mass is not necessary, and the mediaeval Christian would have thought such an idea very odd indeed. It isn't necessary, but it is wonderful! And the way that the Western Christian tradition has done this for the last several hundred years is with the voices of the faithful joining in with the organ. From the primitive mediaeval examples, to

*(Continued on page 19.)*

# All Saints' Hold 46th Annual Parish Meeting

Founded in 1977, a series of Parish meetings were held as the Parish was being established. However, the first Annual Parish Meeting, in the sense of its first full year of existence, was not held until the next year, in 1978

Thus, the Parish held its 46th Annual Meeting on Sunday January 21st.

During the meeting, Parishioners were brought up to date on various activities, including an update on the status of the work being done on Fairfield House.

Larry Byers, Senior Warden, conducted the meeting, during which he reported that the Parish was fiscally sound and that much work had been completed on all the facilities including the grounds.

He introduced the new Treasurer, Jeff Kern, who gave a financial report and presented the budget for 2024.

Reports were given by the Junior Warden, Jerry Burns, and the Fairfield House Committee Chairman, Susie Kern.

*(Continued on page 16.)*





Annual Meeting continued....

Fr. Alexander gave the Rector's Annual Report to the Parish, reiterating



what had been said before, that the Parish is healthy, both spiritually and fiscally.

He also stated that he has complied with the newly adopted ACC Canon requiring rectors, when they reach the age of 75, to submit their resignation to the bishop for his consideration. If he accepts their letter, then, they must retire. If he refuses their letter, they may remain for another year but it is an annual requirement that they submit a letter of resignation.



Fr. Alexander did submit an email statement to the bishop of his intent to step down as rector on the 30th of June 2025. By that time, it is hoped that a new and younger rector can be



As has been customary, the meeting was preceded with a potluck lunch that featured a delicious array of food.

The Rector's Report is printed, beginning on the next page.

Our Appreciation to **Forrest Roberts** for the Photography.



found. If not, he will most likely remain as rector until a successor is found.

Following the Rector's Report, Vestry elections were held. Dieter Voegele and Jeffrey Kern were elected to succeed Carol Sue Roberts and Carl Bottomley, who had elected to retire as Vestrymen. Following the elections, the meeting was adjourned with a Blessing by the rector.



# Rector's Annual Report

## 46<sup>th</sup> Annual Parish Meeting

By Rev. Fr. George F. Alexander

Today, we are celebrating the 46th Annual Meeting of our Parish. Yes, we were founded in 1977, but the first Annual Meeting wasn't held until 1978.

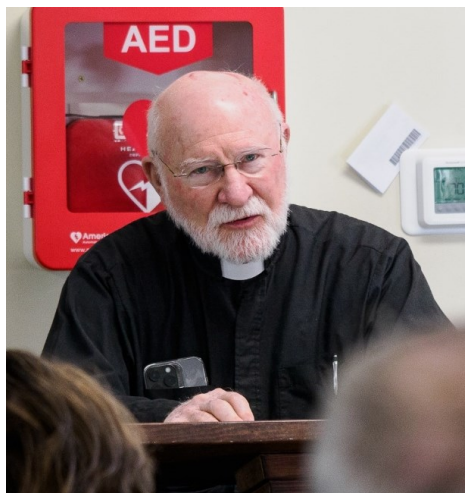
With that I am pleased, once again, to report that we are sound, both spiritually and fiscally — and there is good reason for that. First, fiscally, we have a conscientious, conservative Vestry, as well as devoted, generous members of our Parish, and, in spite of the expenses of remodeling the Fairfield House and extra expenses incurred in maintaining our church campus, we ended the year ahead of budget.

Secondly, spiritually speaking, we have a faithful Parish, soundly grounded in the worship of God as Anglicans, and firmly committed to adhering to Biblical Standards, the teaching of our Lord Jesus Christ.

I can always say that it is an honor and a pleasure to serve as your Rector. It is because of each of you that we have such a wonderful, caring Parish — indeed, truly a Family in Christ. You are all remarkable.

The fruit of being this Family in Christ is being realized in our growth; although not as fast as we would like, nevertheless, we are growing.

With the addition of our deacon, the



newly ordained Reverend Lance Davis, we will be able to do more things as a Parish, opening up new opportunities to grow.

We have had a good year with better attendance, more Communions, and more services and activities, but I'm not going to bore you with all the statistics. You can read them in the handout.

I would like to acknowledge that the ACW is doing well but I think the men are giving them a run for their money with their monthly supper meetings. And this is where diversity comes into play — some like beer, some like wine, and some will just stick with a cocktail, maybe a Scotch or bourbon.

As we welcome two new members to the Vestry, Dr. Dieter Voegele and Jeff Kern, I am sad to see Carol Sue Roberts and Carl Bottomley leave the Vestry.

*(Continued on page 24.)*

*Deacon's Bench continued....*

the fabulous French organs by Cavallé-Coll, to the more humble organ of the parish church, this instrument has become uniquely suited to worship. Why should this be so? It is because it is a breathing instrument, almost like a human being. As we think of bells speaking out, and even give them names in their consecration ceremonies, so the organ is very like the Christian himself singing: it breathes and speaks. It is far easier for us to join in song with the organ than with brass or stringed instruments, because it makes sound in much the same way as we do. We make music by sending air through our lungs and through our vocal chords, in much the same way an organ does.

The Christian community gathers

weekly, all over the world, to plead the Holy Sacrifice of the Mass, and to offer, actively, "ourselves, our souls and bodies". This means we should strive to offer the best we can to make our church look beautiful with iconography, adornment, and flowers; it means the best vestments we can have for God's liturgy; it means the best of traditional Catholic worship, recognizing the fact that the liturgy is for God's honour and glory, not simply our comfort or emotional gratification; it means the best singing and music we can offer; and it means a church musician playing a real instrument that lives and breathes and sings to God just as we do.

(Many thanks to my dear friend Fr. Barry Swain for contributing to the thought of this article.)

### *Birthdays & Anniversaries*

#### **February Birthdays**

9 Tamara Cannon

#### **No February Anniversaries**

### **Lenten Supper Program**

**Wednesdays in Lent**  
**following the 5:30 Service**  
*Beginning on the 21st*

*Menu*  
**Soup, Salad, & Bread**  
**Program Topic**  
**Our English Spirituality**  
A 5-Part series  
with Dcn. Lance Davis

### *All Saints' Herald*

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#### **Editor**

The Rev. Fr. George F. Alexander

#### **Editorial Staff**

Betty Alexander

#### **Photography**

Forrest Roberts

**All Saints' Anglican Church**  
PO Box 2497 - Aiken, SC 29802  
allsaints@allsaintsaiken.org



## Nature

*As Seen through the Lens*

by Forrest Roberts

### Victoria Falls

**Location:** *Zambia & Zimbabwe*

Victoria Falls — The Falls are on the Zambezi River between Zambia and Zimbabwe in central Africa.

Zimbabwe was known as Southern Rhodesia in the 1800's and Rhodesia in 1900's until it was named Zimbabwe in 1979.

The Falls are an amazing sight and one of the largest in the world at a length of 5,600 ft. We have been fortunate to view it from



We were able to view it again on a self-fly safari while flying a Cessna 172, which allowed us to position the aircraft for the best views to photograph.

David Livingstone, Scottish missionary/explorer, is the first European recorded to have viewed the Falls in November, 1855. He named it in honor of Queen Victoria but the natives use “The Smoke That Thunders”.



[Note: this is a monthly series of nature photography by Forrest Roberts, who, with Carol Sue, travels extensively, both of them photographing the wonders of Nature.]

*From the Clerical Kitchen....*



By Fr. Alexander

## From a Stuffed Zucchini to a Pasta Sauce

On occasion, we have stuffed zucchini, which can be quite good. It's a scraped-out zucchini filled with a mixture of what was removed, all chopped up, with hamburger, a little tomato sauce, onion, garlic, Italian seasonings, and a bit of dry Marsala.

Not long ago, as we were eating the stuffed zucchini, I started thinking (always dangerous) — couldn't the stuffing be turned into a nice pasta sauce?

Rather than think about it, I did just that for the January **Men of All Saints'** dinner. It went over well, so here is the recipe, scaled back.

### Zucchini-Based Pasta Sauce

Ingredients:

- 1 lb. Ground Beef
- 1 cup Zucchini, finely chopped
- 1/2 cup Onion, finely chopped
- 1/4 cup Bell Pepper, finely chopped
- 2 tsp Garlic, minced
- 1/2 tsp Italian Seasoning
- 1/4 tsp Basil
- 1/8 tsp Oregano
- 1 can Diced Tomatoes (15 oz can)
- 3/4 can Tomato Sauce (15 oz can)
- 3 Tbs Dry Marsala
- S&P (to taste but don't skimp)

Over medium heat, brown the ground

beef with the onion, garlic, Italian seasonings, basil, oregano, and salt and pepper (to taste).

When the meat is browned, and the onion glistens (not brown), add the remaining ingredients.

Note: when adding the tomatoes and tomato sauce, rinse the can with a little bit of water, and add. Also, it's best to use low-fat ground beef.

Finally, let the sauce simmer for about 15 minutes before serving over pasta.

Now, one more note: The amounts for the ingredients are pared down from the original recipe, which fed 18 people, so some adjustments for taste might be needed.

So, just in case you have a mob to feed or you want to double-check the amounts, well, here are the amounts for the original recipe for the sauce:

- Ground Beef 5 lbs.
- Zucchini 4 cups
- Onion 26 Tbs
- Garlic 4 Tbs
- Bell Pepper 1 cup
- Italian Seasoning 2 tsp
- Basil 1 tsp
- Oregano 1/2 tsp
- Tomatoes 2 large cans
- Tomato Sauce 3 cans, 15 oz ea.
- Dry Marsala 1/2 cup (or more)
- S & P to taste but don't skimp.

You may add a little crushed red pepper flakes for a little added zip for both recipes.

*Andiamo a Mangiamare! — Bon Appetit!*

*From the Deacon's Kitchen....*



By Dcn. Davis

## Balsamic Chicken Livers

Yes, yes, I know many people are squeamish at the idea of eating liver, but the mild taste of chicken livers, combined with the sweet piquancy of good balsamic vinegar, makes for a combination I bet even the most stridently anti-visceral taste buds will approve of.

- 2 lbs. onion, thinly sliced
- 2 Tbsp brandy
- 1/2 cup flour
- 1 teaspoon red chili pepper flakes
- 2-3 tablespoons olive oil
- 1 lb. chicken livers, cleaned and cut in half (should be bite-sized pieces)
- 2-3 tablespoons GOOD balsamic vinegar (it should be something Ina Garten would approve of)
- 2 ounces butter
- salt and pepper
- Orange zest

Soak livers in water for at least an hour, though overnight is preferable.

Sauté and caramelize onions, finishing with a brandy flambé, until golden brown. Set aside.

Combine the flour with the chili flakes in a resealable plastic bag. A few at a time, put the livers in the bag and

shake to completely coat; remove, and set aside. Repeat with remaining livers.

Heat the oil over medium-high heat in the same large frying pan used to cook the onions. Pan-fry livers for 2-5 minutes each side depending on whether you like them rare or well-done (HINT: Liver develops less of a gamey organ-meat taste if it is cooked medium-rare). Remove the livers from the frying pan.



Remove the pan from the burner, and wait about 30 seconds for the pan to cool slightly. Add the balsamic vinegar to the pan, return to medium heat, and scrape the juices and cooked bits up. Add the butter, and continue to mix well. Remove from heat, and return the livers to the pan, coating them with the sauce and warming them through. Garnish with fresh orange zest.

These balsamic livers are great served with a red currant jelly or a tart cranberry sauce, sour cream, and crêpes.

*Bon Appetit!*

*Rector's Report continued....*

Carol Sue has done a wonderful job as Secretary and has always provided great insight on various issues during our discussions.

Carl, as you may know, has been the force behind our outreach programs in several assisted living facilities and plans to keep it up. He always welcomes volunteers to help out.

We can all be grateful that we have a truly dedicated Vestry, especially devoted to serving the Parish.

Of course, there are a number of our members who deserve to be recognized for their contributions to the Parish — it's a long list; I will single them out in our February newsletter, so I don't overlook anyone, for each is deserving of our appreciation for their commitment to the Parish and the time they devote.

As you may not have heard, with recent changes in the ACC Canons, all rectors, when they reach the age of 75, are now required to submit a letter of resignation annually, which the bishop may refuse or accept. I have, obviously, gone beyond that cutoff. Thus, I have proposed to the archbishop that I step down at the end of June 2025. We hope by that time to have found

and brought onboard a successor.

In all reality, it is about time we had a younger person, filled with energy and enthusiasm, without a hole in his head, to take over as rector and move our Parish forward. I look forward to that day and the opportunity to welcome a new leader for our Parish, though I know it will be a difficult moment for me. In the meantime, we are fortunate to have Dcn. Lance to assist and share in the everyday duties of clergy in their service to the Parish.

Please note. — This is not a farewell speech; that will come sometime later, when the bishop determines I am too far gone, and it, assuredly, will be at greater length, as, by now, you are all aware of my tendency for wordiness. It's difficult to shake off those years I spent as a journalist — mind you, not a mainstream journalist, else I might still be stuck in the muck and mire.

Before winding down, I must not fail to recognize Betty, who has herself worked diligently, taking on many duties that inevitably fall upon the rector's wife, and who has collaborated with Kathy Clark to nag me in stereo, so I don't let things slide. Of course,

*(Continued on page 27.)*

## Parish Statistical Report for 2023

*Prepared for 2024 Annual Meeting*

	<u>2019</u>	<u>2020</u>	<u>2021</u>	<u>2022</u>	<u>2023</u>
<b>Attendance (yearly)</b>	3595	2584	3191	3317	4139
<b>Communions Received</b>	3070	1984	2964	3085	3115
<b>Sunday H. C. Services</b>	104	105	116	103	105
<b>Weekday H. C. Services</b>	88	86	89	83	73
<b>House Communions</b>	12	5	12	14	21
<b>Daily Office (Sundays)</b>	52	50	46	51	46
<b>Daily Office (Weekdays)</b>	2	2	4	1	4
<b>Other Services</b>	41	34	31	39	46
<b>All Sunday Services</b>	70	170	176	169	177
<b>All Weekday Services</b>	129	91	116	122	125
<b>Burials</b>	4	0	5	1	6
<b>Confirmations</b>	2	0	4	1	0
<b>Receptions</b>	3	0	6	3	0
<b>Marriages</b>	0	0	0	1	0
<b>Baptisms</b>	1	0	0	0	2
<b>Healing Services</b>	-	-	-	9	10
<b>Ordinations</b>	0	0	0	0	0
<b>Active Members</b>	78	80	83	82	82

**[In addition in 2023, there was 1 *Private Confession*, and, during Lent, there were 6 services of *Stations of the Cross* .]**

**One Note:** *the average Sunday attendance, based on the Diocesan formula, was 55.67. I'm still pondering over who that 2/3's of a person might be!*

## Saint of the Month

### *St. Blaise, Martyr (AD 316)*

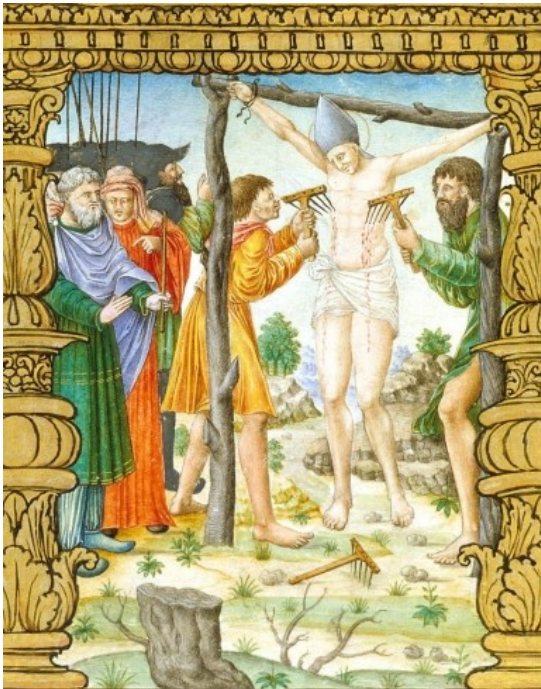
By Dcn. Lance Davis

St. Blaise was a 3rd century physician who became Bishop of Sebaste in Armenia under the persecution of the Roman Emperor Licinius. During that persecution, St. Blaise was known to have hid in a cave, where birds would miraculously bring him scraps of food.

The birds would patiently wait for him to finish eating, whereupon he would lift up his hands and impart to them a blessing, after which they would fly off until they returned with supper the following day. During his exile, it happened that one day a woman came to him, desperate for help, as her son was dying from a fishbone stuck in his throat, strangling him. Having accompanied the woman to the place where her son lay suffering, St. Blaise put his hand upon the boy's throat, praying God to heal him, whereupon his choking ceased, and he fully recovered.

St. Blaise was eventually captured and

taken before Licinius, where he informed the Emperor that all the gods of the Romans were demons. In punishment, Licinius ordered St. Blaise imprisoned, but the good Saint remained stalwart and refused to worship the pagan gods. In AD 316, St. Blaise was ordered to be bound to a stake and



had his flesh torn off with course wool combs. He was finally beheaded, consummating his martyrdom together with seven women and two children.

Because of his cure of the boy's throat, it is customary in Anglican Catholic parishes for the Priest to bless the throats of his parishioners either on the Feast of St. Blaise or on the Sunday following the Feast, after Mass. Two candles will be blessed in honour of St. Blaise, and the Priest will hold the candles crossed over the throat of each person, praying: "May God at the intercession of St. Blaise preserve thee from throat troubles and every other evil."

St. Blaise is venerated as the patron of veterinarians, he is prayed to for healing against diseases of the throat, and he is reckoned amongst the Fourteen Holy Helpers (certain Saints reputed to have a special power of intercession in heaven on behalf of those in peril or suffering on earth).

*Come one, come all, come young, come old,  
From every field, from every fold,  
To bear the blessing of the bold  
For which no soul be bought, nor sold.*

*This is the Blessing of Saint Blaise  
With candles crossed against the throat,*

*Rector's Report continued....*

there's Lillie, who shares my office chair and her fur, keeping me on the edge, and well-covered. Somehow, she never fails to note when it is time to open the bar, so she can share the snacks — to Betty's chagrin.

By the way, Kathy says the contractor is starting work this coming Monday to build her new house. He promises to have it ready by June. So, if, in the next few months, you need to drop by the church, do call first to make sure she is in the office. From what she has intimated, she plans to keep a close eye on the construction.

Finally, I will always be grateful to Fr. Clanton, who passed the rector's baton to me, but left before I could get my

*That to the end of all our days  
We might speak nought but what God wrote:*

*For one true faith Blaise shed his blood  
To heal us from the blight of sin,  
And save us from the mighty flood  
That steals spirits from seraphim.*

*Thus, keep your candles always lit  
Through matins, vespers, sext, and laud,  
And in quiet vigil sit  
With eyes forever fixed on God.*

-Michael Walker

St. Blaise, pray for us!

revenge. He still keeps an eye on me, and sends his best wishes to the Parish.

With that, I conclude my rector's report.

God bless each of you.



**You didn't think I would pass up an opportunity to include a picture of Lillie?!**

## Parish Monthly Calendar February 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<i>Note</i> Shrove Tuesday is a Potluck. Pasta will be provided. If you wish, bring sauce, salad, bread, dessert, or snacks — bring enough to share. The Purification: the service will include music.				<b>1</b> <b>St. Ignatius, Bishop &amp; Martyr</b>	<b>2</b> Purification of the B.V.M. HC at 5:30 pm (Sung Mass)	<b>3</b> <b>St. Blasé, Bishop &amp; Martyr</b>
<b>4</b> <i>Sexagesima</i> (Comm. St. Gilbert of Sempringham, Abbot) MP & HC at 8:30 am HC at 10:30 am	<b>5</b> <b>St. Agatha, Virgin &amp; Martyr</b>	<b>6</b> St. Titus, Bishop & Confessor	<b>7</b> St. Romuald, Abbot HC at 5:30 pm	<b>8</b> St. John of Matha, Confessor	<b>9</b> St. Cyril of Alexandria, Bishop, Confessor, & Doctor	<b>10</b> St. Scholastica, Virgin
<b>11</b> <i>Quinquagesima</i> (Comm. Our Lady of Lourdes) MP & HC at 8:30 am HC at 10:30 am Healing Service 12:00	<b>12</b> St. Benedict Biscop, Abbot Vestry meets at 5:15 pm	<b>13</b> Shrove Tuesday (Comm. St. Kentigern, Bishop & Confessor) “Spaghetti” Supper 6:00 pm	<b>14</b> ASH WEDNESDAY Imposition of Ashes & HC at 5:30 pm	<b>15</b> <b>The Martyrs of Japan</b> (Lenten Feria)	<b>16</b> Lenten Feria Stations of the Cross 5:30 pm	<b>17</b> Lenten Feria
<b>18</b> <i>Lent 1</i> (Exhortation) MP & HC at 8:30 am HC at 10:30 am	<b>19</b> Lenten Feria	<b>20</b> Lenten Feria ACW Lunch 11:30 Men meet 6:00 pm	<b>21</b> Ember Wednesday HC at 5:30 pm Lenten Supper Program	<b>22</b> St. Joseph of Arimathea, Confessor (Comm. Lenten Feria)	<b>23</b> Ember Friday Stations of the Cross 5:30 pm	<b>24</b> <b>St. Matthias, Apostle &amp; Martyr</b> Time to be Announced
<b>25</b> <i>Lent 2</i> MP & HC at 8:30 am HC at 10:30 am	<b>26</b> Lenten Feria	<b>27</b> Lenten Feria (Comm. Bl. George Herbert, Confessor)	<b>28</b> Lenten Feria HC at 5:30 pm Lenten Supper Program	<b>29</b> Lenten Feria		